



ORMSKIRK TENNIS CLUB

A welcoming and friendly
tennis club for the whole family

All ages &
abilities



Find our
**COACHING
PROGRAMME**
details
overleaf

 **01695 573459**

**COUNTY ROAD, ORMSKIRK,
LANCASHIRE, L39 3LU**

ORMSKIRKTENNIS.CO.UK



Our Coaching Programme

All coaching enquiries to John Chatterley (Head Coach) -
coach@ormskirktennisclub.co.uk or call 07980 941 288

See our website for further details: www.ormskirktennis.co.uk

DAY	TYPE <small>Please email the Head Coach for guidance regarding which session to attend</small>	TIME
MONDAY	RED/ORANGE TENNIS (4-9 YRS)	16.30 - 17.15
MONDAY	ADULT BEGINNERS	17.15 - 18.15
TUESDAY	SOCIAL TENNIS (4-10 YRS)	16.15 - 18.00
TUESDAY	ADULT CARDIO	17.15 - 18.00
WEDNESDAY	ORANGE/GREEN TENNIS (7-11 YRS)	16.30 - 17.15
WEDNESDAY	ADULT IMPROVERS	17.15 - 18.15
THURSDAY	SOCIAL TENNIS (11-17 YRS)	16.15 - 18.00
FRIDAY	GREEN/YELLOW TENNIS (9-14YRS)	17.15 - 18.00
FRIDAY	ADULT BEGINNERS	18.00 - 19.00
FRIDAY	ADULT IMPROVERS	18.00 - 19.00
FRIDAY	ADULT TEAM	19.00 - 20.00
SUNDAY	RED (4-7 YRS)	13.30 - 14.30
SUNDAY	GREEN (9-11 YRS)	13.30 - 14.30
SUNDAY	ORANGE (7-9 YRS)	14.30 - 15.30
SUNDAY	FAMILY CARDIO TENNIS	15.30 - 16.15
SUNDAY	GREEN (9-11 YRS)	15.30 - 16.30
SUNDAY	YELLOW (11-17 YRS)	16.30 - 17.30
SUNDAY	YELLOW (11-17 YRS)	17.30 - 18.30
SUNDAY	MEMBERS SOCIAL (10-17 YRS)	18.30 - 20.30

JOIN TODAY!

- State of the art, floodlit, artificial clay courts
- Large, experienced and dynamic coaching team
- A comprehensive programme of social and competitive tennis opportunities for everyone